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**ARTS & ENTERTAINMENT WEEK**  
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## DINING

## THE DISHES

# Check in, check it out



BY JOSEPHINE MATYAS | PHOTOS BY TIM FORBES

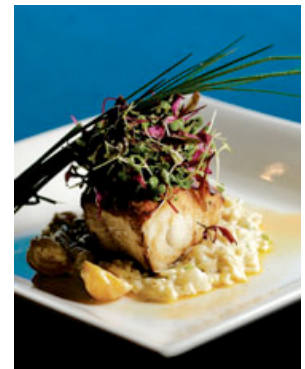
*Above: Beef Short Ribs, King Street Sizzle*

**Thought about dining in a local hotel restaurant lately?** With Kingston's hotel restaurants offering some pretty snappy selections, perhaps it's time you did. We've done a little culinary sleuthing to check out the city's hotel eateries. Settings and menus have been overhauled, and the big winner is the person holding the fork: you.

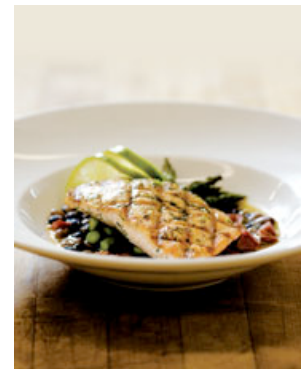
**The Restaurant:** King Street Sizzle  
**The Chef:** Steve Silva, King Street Sizzle chef  
**The Dish:** Beef Short Ribs

Mill Street Tank House Ale and the Sizzle's signature premium house barbecue sauce come together to create a dish of tantalizing, fall-off-the-bone meaty short ribs. What's Special: A versatile menu and extensive wine list to tempt the palate. The open kitchen and hot interior colours create a hoppin' atmosphere.

*Four Points by Sheraton Kingston, 285 King St. E.*



Risotto with Stone Bass, AquaTerra Restaubistro by Clark



Wild B.C. Salmon, Bistro Stefan

**The Restaurant: AquaTerra Restaubistro by Clark**

**The Chef: Brent McAllister, executive chef**

**The Dish: Risotto with Stone Bass**

Seared Atlantic stone bass and baby microgreens served with creamy risotto topped with goat cheese, caramelized onions, fava beans and baby beets. What's Special: A seasonally driven menu that embraces local products. Look for the rotating table d'hôte menu — four courses with an optional wine pairing.

*Radisson Hotel Kingston Harbourfront, 1 Johnson St.*

**The Restaurant: Bistro Stefan**

**The Chef: Michael Medeiros, executive chef**

**The Dish: Wild B.C. Salmon**

A filet of salmon served with a three-bean cassoulet, chorizo sausage and Herbes de Provence beurre blanc. What's Special: It's all about the fine dining experience. Three distinctive rooms, each decorated in warm, inviting country-style décor. The menu is filled with classical tastes, but with the definite influence of world-fusion cuisine.

*Best Western Fireside Inn, 1217 Princess St.*

**The Restaurant: JM's Restaurant and Lounge**

**The Chef: Rob Mellow, executive chef; Cory Balfour, chef de cuisine**

**The Dish: Chicken Supreme**

Three ounces of AAA sirloin surrounded by two pieces of lightly floured, baked chicken breast, topped with the restaurant's signature Supreme sauce. What's Special: Buffets run five nights a week, and a full breakfast buffet is offered on the weekend. Buffet specialties include prime rib, pasta, ham and turkey, a maritime fish fry, and chicken and ribs.

*Ambassador Conference Resort, 1550 Princess St.*

**The Restaurant: DOX**

**The Chef: Jamie Hussey, executive chef**

**The Dish: Lobster Cheesecake**

The dinner appetizers include some über-rich selections, like the lobster and cilantro-infused whipped mixture of cream cheese and mascarpone, baked on a bacon and lemon crumble base. What's Special: Kingston's best-situated waterfront dining destination just got a major facelift. The menu has been overhauled too — look for original takes on classic cuisine.

*Holiday Inn Kingston Waterfront, 2 Princess St.*

**The Restaurant: WJ's Cityside Bistro**

**The Chef: Tony Bagg, executive chef**

**The Dish: Steaks with Custom Butters**

Top-of-the-line steaks served with a choice of custom butters (think Merlot-shallot, green peppercorn, Gorgonzola). What's Special: The makeover at WJ's has unveiled a true steak bistro. Plus, slow-roasted prime rib is featured each week, and daily specials give the chefs a chance to unleash their creativity. Live music is offered twice a week.

*Confederation Place Hotel, 237 Ontario St.*

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